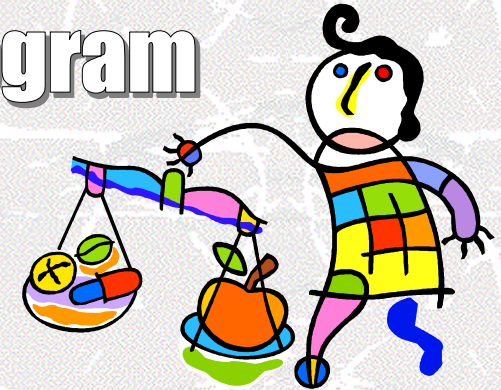
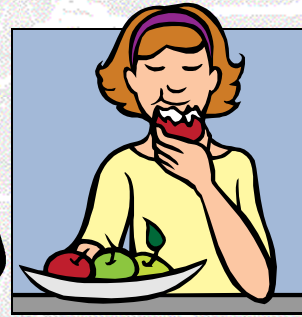


Step up to Scale Down

Adult Nutrition Program



**Join us every Monday for lunch,
12:00pm – 1:00pm. Learn how to
lose weight and keep it off!**



**SESSIONS BEGIN
JUNE 3, 2013
& END
AUGUST 19, 2013**



Must register to participate for this 12 week program.

For additional information contact:

Diana L. Sanchez E-mail: psep.strhs@tachc.org

Mayra Battaglia E-mail: ps2ep.strhs@tachc.org

We are located at: 2250 North Veteran's Boulevard Eagle Pass, Texas 78

Between Takata Restraints Systems, and Dr. Carlos de la Peña, across the street from Maverick County Appraisal District



MUST BE 18 YEARS OLD AND UP TO PARTICIPATE. FREE OF CHARGE, WEEKLY WEIGH-INS, BODY MASS INDEX PROVIDED.

Program Facilitator: Monica Aguirre with Prairie View A&M Cooperative Extension Program.



Step Up to Scale Down Registrations Adult Nutrition Program — **SUMMER 2013**

PARTICIPANT NAME **PHONE/E-MAIL/ADDRESS** **AGE (18+)** **EMPLOYER/ORG/CLUB**

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Step Up to Scale Down Registrations Adult Nutrition Program — *SUMMER 2013*

PARTICIPANT NAME **PHONE/E-MAIL/ADDRESS** **AGE (18+)** **EMPLOYER/ORG/CLUB**

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