

Let's Have Fun . . . With Exercise & Nutrition



 $oldsymbol{igseleft}$ Let's learn cool dance moves to stay fit and fabulous \dots

The fun begins June 17, 2014 to August 7, 2014

Every Tuesday and Thursday 1:00 p.m. to 3:00 p.m.



Need more info... Contact Prevention Specialists

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We are located at: 2250 North Veteran's Boulevard

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Must be 10 years old and up to participate. This activity is free of charge; however, water donations are always welcomed.

Program Facilitator: Monica Aguirre with Prairie View A&M Cooperative Extension Program.