

Who We Are

Prairie View A&M University Cooperative Extension Program delivers practical research-based knowledge in agriculture & natural resources, youth-development, community & economic development, as well as family & consumer sciences in 35 counties across Texas.

We respond to the needs of underserved Texans through education in relevant subject areas that empower families. Cooperative Extension Program agents and specialists respond with answers, providing useful tools and resources to elevate our community to the next level.

How we serve

The Family and Consumer Sciences component recognizes that strong families are important to a prosperous and productive society. The family is the major provider of joy, security, values, and goals. The Extension staff works to plan and deliver research-based family focused programs to underserved clientele, but, not excluding other audiences, that will serve as a catalyst to improve the quality of living.



- A Taste of African Heritage
- o A Taste of Latin Heritage
- o Eat Smart, Live Strong
- Eating Smart, Being Active
- Choose Health: Food, Fun and Fitness
- Take A Stand
- Character Building for youth
- Balanced Living
- Mind Matters
- o Healing Trauma: Women
- Welcome to the Real World (Financial Literacy)
- o Live Well, Eat Well, Be Active with Diabetes
- Teen Cuisine

Our education programs are available for youth and adults in Maverick County and its surrounding areas.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.



Cooperative Extension Program - Family & Community Health

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Hello Maverick County, I have been your PVAMU Family & Community Health Agent since 2021. My goal is to make a difference and enable the learner to become more knowledgeable in areas by learning, preventing, and planning a more effective healthy lifestyle. I continue to establish partnerships with agencies, schools, centers, and organizations by providing educational resources throughout Maverick County.

-Blanca V. Ruiz